



A HEALTH CARE TEAM YOU CAN TRUST

At Nash Health Care, your family's health, safety, and privacy are our first priority, but we need your help to keep information fully confidential.

Always wear your security band while your infant is in the Special Care Nursery. For security purposes, please do not trade or give away your security band. If you need more bands for other loved ones, just ask your care nurse to walk you through the process.

Please note we will only share your infant's health information and status updates with people with security band numbers. If you would like to include other loved ones in conversations about your infant's health, please talk to your care nurse about designating them as trusted individuals, able to receive status updates.



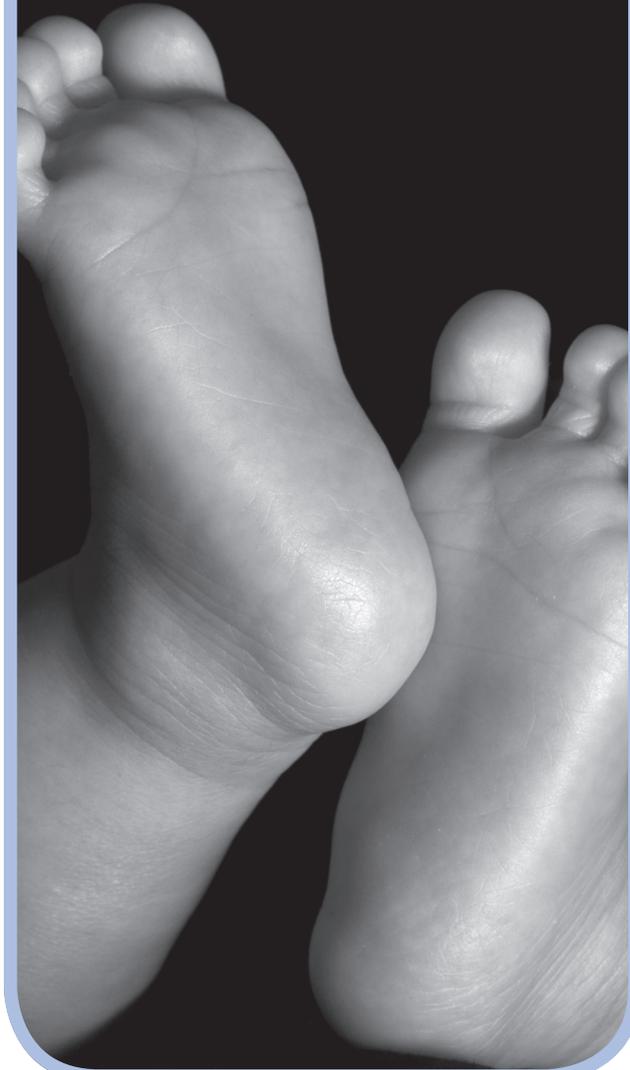
NASH WOMEN'S CENTER
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www.NashWomensCenter.org

NASH HEALTH CARE
delivers

THE VERY BEST CARE FOR
YOUR SPECIAL NEWBORN



WELCOME

Welcome to the Nash Women's Center Special Care Nursery – and congratulations on the birth of your new little one!

Nash Health Care is committed to providing the very best care for your family – particularly your special new addition. That's why we created the Special Care Nursery, a facility designed to meet your newborn baby's every need.

At Nash Health Care's Special Care Nursery, you'll find private rooms for every baby, with state-of-the-art technology to keep them as comfortable, healthy, and safe as possible. You'll also find ample space, sleeping arrangements, and private bathing facilities for parents and loved ones to use while you are with us.

We want to encourage you to spend as much time as you can bonding with your new baby – 24 hours a day, if you'd like! We're happy to provide three delicious meals a day for parents staying at the Special Care Nursery. It's one more way we are working to make sure you are as comfortable as possible while you are here.

If you have questions about your infant's care or status – just ask. Every nurse in the Special Care Nursery was trained to work with families just like yours. They are committed to your baby's care, and are happy to answer any questions you have.

SPECIAL CARE NURSERY GUIDELINES

While you are with us, please understand that your baby and the others in the Special Care Nursery are fragile and require a high level of attention. Please adhere to all guidelines to keep your little one healthy, safe, and strong!

- Everyday germs can be harmful to your baby. Before entering the Special Care Nursery, all visitors must perform a one-minute soap and water scrub on hands and arms (up to elbows), and must put on a gown to decrease the chance of infection.
- Always be mindful of touching your face, hair, clothing, pocketbook, or any other potentially dirty surface when you are in the Special Care Nursery. Wash your hands frequently—and always after coughing, sneezing, or changing a diaper.
- Our Special Care Nursery infants need quiet. We only allow three visitors at a bedside at one time. Others are welcome to wait quietly in the waiting room.
- Only siblings and children three years of age and older are permitted to visit the Special Care Nursery, and only then with adult supervision. If you have a child you would like to visit, please talk with your nurse about granting them access. Please note that all visitors under 16 must be current on their vaccinations before entering the Special Care Nursery.

- Any visitors, including siblings that have had any signs of illness or have been exposed to illness should not visit.
- We want to provide as much confidentiality as possible for our patients. Please do not wander around the Special Care Nursery, look at, or touch other infants while you are in the facility.
- Our expert nursing staff is always available if you have questions about your baby, and we encourage parents to attend bedside shift reports, at 6:45 am and 6:45 pm daily, to talk through your baby's status with their care nurses.

Please note that the following are never allowed in the Special Care Nursery:

- Watches or Jewelry (*except wedding bands*)
- Large or bulky crafts
- Outside meals
- Video Cameras
- Vapor Cigarettes/Smoking

Please keep your mobile device on vibrate or silent while in the Special Care Nursery.

Cameras are allowed, so feel free to take photos of your baby while you are in the Special Care Nursery! We only ask that, for privacy reasons, you refrain from taking photos of any other babies under our care.